

SPRING 2025

SUPPORTER NEWSLETTER



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www.yshospitalscharity.org

Registered Charity No. 1054527



Making a positive
difference in your
local hospital



Dear friends and supporters

As we welcome in the Spring, I am excited about what 2025 holds for York & Scarborough Hospitals Charity! There is so much happening, and we are keen to share what we have planned. With exciting events including the launch of our first charity Golf Day, we are working hard to ensure our impact continues to grow. Inside this edition, you will find ways you can get involved, whether through volunteering, joining in one of our fundraisers, holding your own event or simply spreading the word about what we do.

We have recently welcomed three new fantastic members of the team; Hannah, Fiona and Natalie who bring a wealth of experience. I'm confident that, with your ongoing support, we will all continue to make a lasting and positive difference to your local hospitals.

Here's to an exciting year ahead!

Rachel

Rachel Brook

Head of Charity

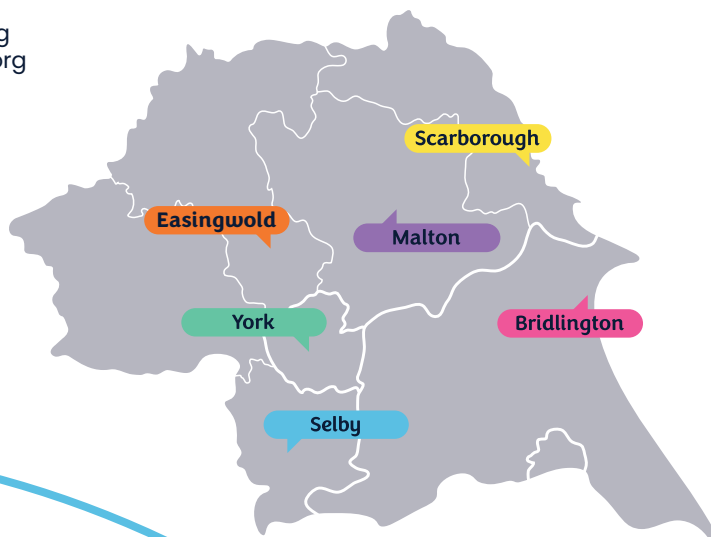
Get in touch

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Connect with us online:

- YSHospitalsCharity
- @YSHospCharity
- York & Scarborough Hospitals Charity
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Meet the charity team



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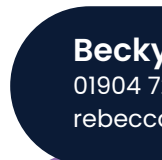
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The difference you've made

From the front cover

Intra oral scanners for York and Scarborough hospitals

Thanks to your generous donations, York and Scarborough hospitals are now at the forefront of modern dental care.

With your support, we have successfully funded advanced intra oral scanners for both sites along with a 3D printer for the Orthodontic Lab in York. This state-of-the-art technology will greatly improve patient experiences and revolutionise dental treatment across the two hospitals.

Dr Tarun Mittal, Consultant Orthodontist explained:

“The intra oral scanner can scan a digital impression of the mouth instead of taking ‘moulds’ with impression material. It can be sent to anywhere in the world for any purpose. It also produces 3D images and 3D models and will be used to facilitate the move to using digital models of teeth instead of physical models made of plaster of Paris or Gypsum.”



Scalp coolers for chemotherapy day units

Patients undergoing chemotherapy at York and Scarborough hospitals now have access to three additional scalp cooling units thanks to your support.

The units work by lowering the temperature of the scalp which can reduce the level of hair loss often associated with chemotherapy. As cancer diagnoses rise, demand for scalp cooling continues to grow.

Funded with the help of The Friends of York Hospital, the coolers are already in use and are helping patients to maintain a sense of ‘normality’ at a challenging time.

Local mum Hayley, who was diagnosed with breast cancer three months ago, said:

“Your hair is such a big part of your identity. When I was told the coolers could help me keep my hair, I was willing to give it a try.”



Alex Campbell, Chemotherapy Sister, Trust-wide, commented:

“Our staff had some great feedback from patients and hopefully we will be able to purchase more in the future.”



The difference you've made

Premature 'Annie' dolls

We have been able to fund two advanced simulation dolls, affectionately named 'Annie' valued at £5,000, thanks to your donations. The realistic premature infant simulators are equipped with specialised training kits that replicate real-life neonatal scenarios, aiding a range of clinical staff from neonatal nurses to registered practitioners in Special Care Baby Units across York and Scarborough hospitals.

Kelly Dobbin, Neonatal Clinical Educator at York's Special Care Baby Unit, said:

“The dolls have been an invaluable addition, creating a realistic training experience that enhances clinical learning. The physical differences between a preterm and a full-term infant are considerable, and these smaller simulators have proven invaluable in resuscitation training.”



Picnic bench for chemotherapy staff

Staff in the Chemotherapy Unit at Scarborough Hospital can relax on a new canopied picnic bench during their breaks, all thanks to your donations. Situated in a quiet outdoor area, the new bench allows staff to take time away from the often emotionally challenging situations that they work in. For those experiencing particularly tough days, this space serves as a sanctuary to process their emotions in a calm and peaceful setting before returning to care for patients receiving chemotherapy treatment.

Trauma x-ray compatible patient trolley for orthopaedic outpatients

Your generous donations have recently funded a new trauma x-ray compatible patient trolley for the Orthopaedic Outpatient department. With the introduction of the new trolley, patients can now be transported more comfortably within the hospital, meaning that waiting times are reduced as staff no longer need to borrow trolleys from other departments.

Sister Sue Kelly from the department said:

“The new trauma x-ray compatible trolley will make a huge difference to patient comfort and also ambulance turnover time. It will save hours of staff time and reduce the stress of waiting for an available trolley from another department.”

Wheelchair for Mulberry Ward

Patients on Mulberry Ward at Scarborough Hospital, who may have limited mobility, can now be taken outside for a breath of fresh air or to the canteen for a bite to eat. Your generous donations have funded a wheelchair for use on and around the ward, meaning that patients have a little more freedom to spend time with friends and family as well as more opportunity to take part in daily activities such as physiotherapy exercise sessions.

Housekeeper Jo Northage said:

“Family members have also been informed about the availability of the wheelchair and have even used it to take a patient to a funeral as it was versatile and easy to use.”



Upcoming 2025 events

Ready to make a difference?

Join us for a rewarding challenge and make a real difference to the lives of patients and staff at our hospitals. Whether you're inspired by a personal experience or simply want to give back to your community, we offer a variety of exciting events throughout the year to suit individuals and teams looking to take part.

We're also thrilled to announce that we will be organising our first ever Charity Golf Day!

Read more and sign up at yshospitalscharity.org/challenge

Great North Swim

Friday 13 - Sunday 15 June 2025

Swimmers of all abilities are invited to join us at the Great North Swim! A weekend-long celebration of open-water swimming, and we have places on the 1-mile challenge.

Whether you're looking to get fit, improve your time, soak up some nature or raise money for charity, you'll be part of an amazing collective experience. Dive into nature and join us at the UK's biggest open water swimming event.

Registration fee: £20

Minimum sponsorship: £100



Yorkshire Three Peaks

Saturday 19 July 2025

A 24-mile circular walk across the Yorkshire Three Peaks offering amazing views and a great team atmosphere. A fully marshalled event with checkpoints offering refreshments and support along the way!

Starting in Horton-in-Ribblesdale, you will begin your journey hiking up Pen-Y-Ghent, past Ribblesdale Viaduct to ascend Wharfedale and finally tackle the short scramble up Ingleborough before heading back into Horton-in-Ribblesdale.

Registration fee: £35

Minimum sponsorship: £120



York 10k

Sunday 3 August 2025

Challenge yourself to run 10k around the wonderful City of York and help make a positive difference to your local hospitals.

The route starts and finishes close to the green space of York Racecourse, before taking in some of the city's most historic landmarks, including the ancient city walls, Clifford's Tower and the minster.

Perfect both for beginners and for those chasing their personal best, the York 10K is open to all!

Registration fee: £5

Minimum sponsorship: £50



2025 events

Great North Run

Sunday 7 September 2025

A major date on the running calendar, the Great North Run is the largest half marathon in the world and we have a place for you!

Join the York & Scarborough Hospitals Charity team to run the 13.1 miles from Newcastle to South Shields and be part of something amazing.

Registration fee: £50

Minimum sponsorship: £300



Yorkshire Coast 10k

Sunday 19 October 2025

Enjoy the sea air and coastal scenery as you run the Yorkshire Coast 10k through Scarborough to support your local hospital.

Starting and finishing at the Scarborough Spa, the exhilarating coastal route takes you around South Bay, past the harbour, around the headland and into North Bay before you head through the Open Air Theatre and back to the Spa.

Registration fee: £5

Minimum sponsorship: £50



Do your own fundraising



Have a fundraising idea?

Organise your own event and raise funds for your chosen ward or department.

Get in touch today



01904 724521



hello@yshospitalscharity.org



Join our lottery

Over 500 winners & counting—could you be next?

Since launching, York & Scarborough Hospitals Charity Lottery has celebrated over 500 winners with thousands being raised to support your local hospitals.

Katie, pictured below, was a £1,000 winner! For just £1 a week, you can win weekly cash prizes of £25, £1,000 and £25,000. Support staff and patients at your local hospital by joining today and receive a free charity pin badge!

By taking part, you're not just in with a chance to win up to £25,000 each week — you're also directly helping to fund fantastic projects across our hospitals.



Staff well-being initiatives



Life-changing equipment

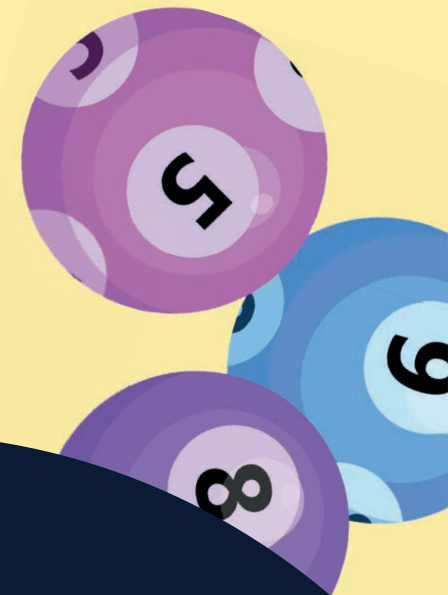


Patient care projects



Room and building refurbishments

Your chance to win up to **£25,000** each week!



The more people play, the more money we receive, so we need your support.

For every £1 entry at least 50p comes directly to us. Sign up today and make a positive difference to your local hospital through **York & Scarborough Hospitals Charity**.

Sign up and receive a charity pin badge!

Sign up now and receive a York & Scarborough Hospitals Charity pin badge as our little thank you. While stocks last.

Sign up today online, or complete and return the form over the page to York & Scarborough Hospitals Charity, York Hospital, Wiggington Road, York, YO13 8HE

BeGambleAware.org[®]

Terms and Conditions

Our lottery is part of the Unity Lottery, managed on our behalf by Sterling Management Ltd. Any correspondence you receive regarding your entry from the lottery will come directly from Sterling. You must be aged 16 or older to play our lottery. The lottery is drawn on a Friday and you have a 1 in 63 chance of winning one of the prizes. You can read the full rules for our lottery here: <https://www.unitylottery.co.uk/rules/>

York & Scarborough Hospitals Charity is licensed and regulated in Great Britain by City of York Council under account number 011882. The promoter of this Unity Lottery is Rachel Brook, York Hospital, Wiggington Road, York, YO31 8HE.

A minimum of 50% of the total lottery proceeds go to supporting the work carried out by York & Scarborough Hospitals Charity, 18.4% on prizes and 31.6% on expenses and administration of the lottery.

www.gamblingcommission.gov.uk

www.yshospitalscharity.org/lottery

Join York & Scarborough Hospitals Charity Lottery today!

1. Your details (please print in block capitals)

Title: _____ First Name: _____
 Surname: _____
 Address: _____

 Postcode: _____
 Tel: _____ Mobile: _____
 D.O.B: _____
 Email: _____

If you do not wish your name to be publicised if you win, please tick here

If you would like to receive lottery correspondence via email, please tick here

2. Payment frequency


How many entries would you like each week?

How often do you want to pay?
 (Please tick payment frequency and write amount in box) X

- Monthly / £4.34 Direct Debit only
 Every 13 wks / £13
 Every 26 wks / £26
 Every 52 wks / £52

Total Payable

Banks and Building Societies may not accept Direct Debit instructions for some types of accounts

unity Instruction to your Bank or Building Society to pay by Direct Debit 

Service User Number:

Reference:

Signature: _____

Date: _____

3. Select your payment method

Payment by Direct Debit

Please fill in the form and return to **Unity**

Name(s) of Account Holder(s): _____

Branch Sort Code:

Bank/Building Society account number:

Instruction to your Bank or Building Society

Please pay **Unity** from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with **Unity** and, if so, details will be passed electronically to my Bank/Building Society.

Payment by Cheque I enclose a Cheque made payable to **Unity** (minimum payment £13)

4. Your contact preferences

Please indicate how you would like to receive updates from your chosen charity:

Email	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Home Phone	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Post	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Mobile Phone	<input type="checkbox"/> Yes	<input type="checkbox"/> No
SMS	<input type="checkbox"/> Yes	<input type="checkbox"/> No

5. Your consent to play

(I confirm I am over 16 and a resident of GB)



Signature: _____

Date: _____

For office use only: _____

Christmas round up

Christmas Magic Appeal

Thanks to your donations, our latest Christmas Magic Appeal raised an incredible £2,769 for the children's wards at York and Scarborough Hospitals! Your generosity helped bring some festive cheer to the young patients and their families staying in hospital over the Christmas period.



Children's Christmas party

A big thank you to the fantastic Play Team on the Children's Ward at York Hospital who raised funds towards a children's Christmas Party by hosting a tombola. The Play Team arrange the party for patients, creating an unforgettable day for those who have received care throughout the year along with their families.

The event was made possible with generous donations from Tesco and Vangarde Shopping Park. Families enjoyed a wonderful day filled with entertainment from Tamar Driscoll and Marie Burke, making it a truly special occasion for all who attended.



Christmas volunteers

A huge thank you to the amazing volunteers who gave their time to wrap and pack over 1,000 gifts for patients within our hospitals. In December, staff from Nespresso generously volunteered their time and in turn helped to spread some festive cheer to those spending Christmas in our hospitals.

If you would like to volunteer, please get in touch today!



Support from our communities



Thank you Noah

Inspired by a school project to help the elderly in his community, Noah decided that he wanted to help make a positive difference to patients on the Cherry Ward in Scarborough Hospital.

Using his own pocket money, Noah bought activities and a CD player for the Ward. Thank you, Noah, for being so kind!

Gemma and Simon's tractor run

A huge thank you to Gemma and Simon Chapman who have raised a fantastic **£5,770** for the Children's Ward at York Hospital.

The pair organised a charity tractor run which saw hundreds of people lining the streets back in December to watch the farm vehicles pass through Alne, Tollerton and Easingwold.



The event was a way for the family to give back to York Hospital after their son Bertie was cared for on the Children's Ward. Wanting to show their appreciation, they rallied local farmers and tractor owners to create a spectacular convoy, bringing some winter cheer to the villages while raising funds for the ward that supported their family.



Tesco donation brings smiles to the Children's Ward

A massive thank you to Tesco Askham Bar for their generous donation of toys and Lego sets to the Children's Ward at York Hospital! The toys provide entertainment and distraction to our youngest patients and bring smiles to the ward, helping to make a challenging time more pleasant.



A very festive fundraiser

If you were near the Derwenthorpe Estate around Christmas time, you may have seen Anthony's house covered in lights! Anthony Watkinson 'decked the halls' to raise funds for the Special Care Baby Unit at York Hospital, even gift wrapping his front door! His amazing display raised a fantastic **£630** – thank you so much Anthony!



Thank you Sophie

We are so grateful to Sophie's Café in York for their incredible kindness and support for the Children's Ward at York Hospital. After a recent break-in, Sophie chose to turn a setback into something positive, reaching out to her amazing customers and raising **£320** to help make a difference!



Arts in hospitals

The corridors in York Hospital have had an injection of fun with the installation of a photographic exhibition showcasing the work of two artists with very complementary styles.

Shahzaib Yaqoob is a local toy photographer and filmmaker whose journey shows how creativity can overcome challenges. Growing up with autism, he faced difficulties in school but found solace in storytelling. Shahzaib went on to earn a first-class honours degree in Film and TV Production and found his creativity evolving into stunning toy photography. His work captures the idea of toys coming to life and it has been

hung at a low level for children to enjoy.

Paul Bailey, a Support Worker on the Vascular Imaging Unit, took up photography as a hobby over ten years ago and his playful images of Lego figures sit perfectly alongside Shahzaib's work.

Paul explained:

“The macro photography led me to enjoy time with my son, who is an avid collector of Lego, and we looked at photographing close-up scenes of his many minifigures”

He has kindly donated all of his prints from this exhibition to the Trust so they can be displayed permanently.



Volunteer with us

We are looking for volunteers to help us with some fantastic opportunities. From bucket collecting, to distributing collection tins around the community – you could make a difference today.

Get in touch with us to find out more about our volunteering roles.

Sign up to receive updates on our volunteering roles
yshospitalscharity.org/keepintouch

Perhaps you'd like to organise your own fundraising event to make a difference?

If you've got an idea in mind, please get in touch with Becky, our dedicated Community Fundraiser, using the details below!



Becky White
Community Fundraiser
01904 725738
rebecca.white76@nhs.net

Donation Form

Thank you for your support, together we can make a huge difference.

First Name:

Surname:

Home Address:

Postcode:

Telephone:

Email:

I would like to donate £

to **York & Scarborough Hospitals Charity**

Please use my donation to support the following hospital or department:

Donate by Cheque: Please make it payable to **York & Scarborough Hospitals Charity**, send with this form enclosed to the address below.



Donate online: please visit www.yshospitalscharity.org/donate to donate now using a credit or debit card.

Donate via Bank Transfer: Account no: 10989649, Sort Code: 20-99-56, Reference: Newsletter. Please advise us by phone or email if you are making a payment so that we know to look out for it and can say thank you!

We'd love to keep in touch

Please let us know if you would like to hear about where your donation and money raised is helping in our hospitals along with future event and fundraising campaigns.

By post By email By phone No thanks

Please let us know if you would like to hear from us about future volunteering opportunities when they arise.

By post By email By phone No thanks

You can change your preferences at any time by contacting us on the details below and you can read our full data protection and privacy policy on our website at www.yshospitalscharity.org

Increase your donation by 25p for every £1 you donate!

giftaid it I want to Gift Aid my above donation and any donations I make in the future or have made in the past 4 years to York & Scarborough Hospitals Charity

I am a UK taxpayer and understand that if I pass less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. York & Scarborough Hospitals Charity was previously known as York Teaching Hospital Charity.

Please return your form by post or in person to: York & Scarborough Hospitals Charity, Fundraising Office, York Hospital, Wigginton Road, York, YO31 8HE
hello@yshospitalscharity.org 01904 724521 www.yshospitalscharity.org

I understand that York & Scarborough Hospitals Charity will use any funds donated in the way that is most appropriate for the need of York and Scarborough Teaching Hospitals NHS Foundation Trust, in line with its charitable aim and objectives and I cannot request purchase of specific items.