



Annual Report & Accounts 2022/23



Making a positive
difference to **York
& Scarborough**
Hospitals

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Making a positive difference to
York & Scarborough Hospitals

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Foreword



Making a positive difference to
York & Scarborough Hospitals

Chair's Foreword



I became chair of the Trust on 1 November 2023 and it is my pleasure to present this report which reflects the terrific support the Trust receives from the public, local businesses, patients and staff.

It has been a challenging year for York & Scarborough Hospitals Charity. With the fundraising landscape having changed post pandemic, the Trust's charity team has worked hard to create new ways to fundraise.

In April 2022 the charity launched its largest ever appeal to support the Scarborough Urgent and Emergency Care Centre build. In addition to committing £400k of existing funds the charity is planning to raise an additional £400k to fund the much-needed extras which benefit both staff and patients.

A busy calendar of events included offering places in regular challenge events but also a new family walk up Pen-y-ghent to coincide with the Yorkshire Three Peaks event and also a Helvellyn Sunset Walk, both of which were popular with supporters.

Two successful new campaigns were introduced in 2022/23. One gave staff the opportunity to 'Win a Week' of annual leave, and a new cash raffle gave participants the chance to start 2023 by winning £2,023.

Supporting Trust events is always rewarding and at the Celebration of Achievement event the charity ran a popular key raffle where attendees could win a necklace worth over £2k. The charity was also the beneficiary of the collection at the wonderful Minster Carol Service.

The charity increased focus on expenditure in 2022/23. This has resulted in charitable spending totalling over £2 million for the first time.

There have been several capital projects the charity is proud to have supported in 2022/23, including the opening of the new maternity bereavement suite at York Hospital and the York ablutions facility. The charity has funded extensive gardens and outdoor space renovations and has created two new outdoor spaces.

By funding equipment like the 3D Oral Scanner to help patients with mouth cancer, we help Trust departments improve patient care and the service that is provided.

The charity team remains dedicated, innovative and ensures professionalism in all they do.

Martin Barkley
Chair, York and Scarborough Teaching Hospitals NHS Foundation Trust

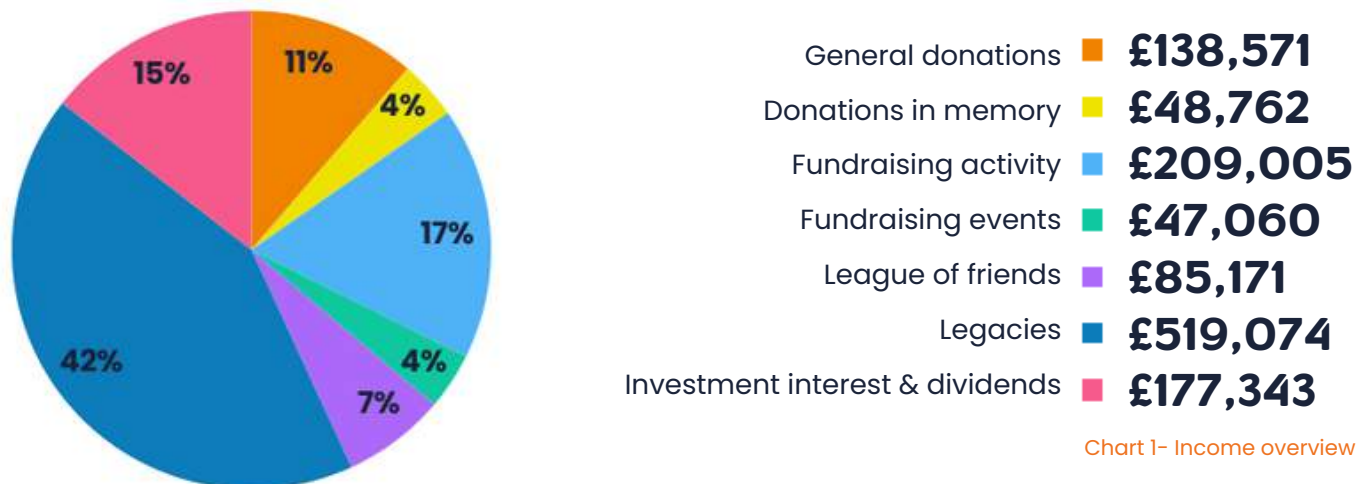
Income Overview



Making a positive difference to
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Income Overview

The total income received for the year 2022/23 was £1.22m, down 3.2% year on year.



York & Scarborough Hospitals Charity receives income via multiple streams. General donations come from grateful patients and families for care received, or from individual supporters and corporates maintaining ongoing relationships with the charity. £139k was received in general donations in 2022/23, accounting for 11.3% of all income, down 11.2% vs 2021/22.

In memory donations totalled £48.8k in 2022/23 vs £68k during 2021/22. The Leagues of Friends contributed 7% of income in 2022/23, funding projects to the value of £85k, down 12.2% vs 2021/22.

Fundraising activities raised £209k in 2022/23 and made up 17% of income. These activities take place because of, or with the help and support of, the charity team. The 69% decline year-on-year is due to a £500k grant in 2021/22 to fund a new Scarborough helipad.

Fundraising events brought in £47k in 2022/23 and accounted for 3.8% of overall income. This is up 7.6% vs 2021/22 due to the addition of new events to the calendar.

Legacies made up 42.4% of total income in 2022/23. £519k was received from 11 benefactors (18 in 2021/22) which was an increase of 601% vs 2021/22.

This year's total includes Gifts in Kind to the value of £32k vs £41k 21/22. These physical donations are gifted to the Trust for both staff and patient use and are distributed by the charity team.

Income comparison year on year

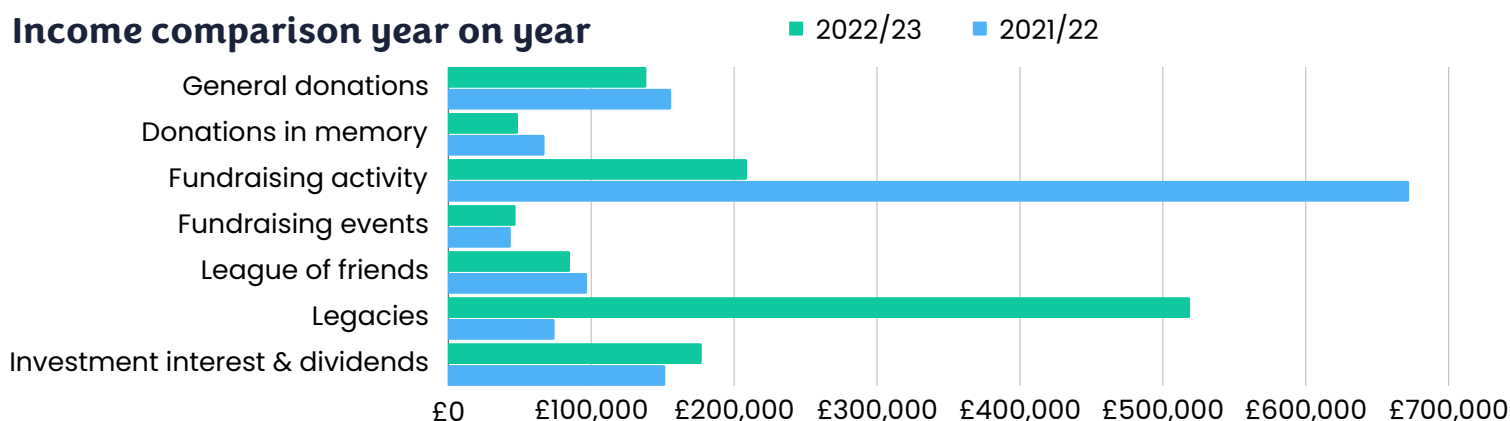


Chart 2 - Year on year comparison

Fundraising Highlights



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Challenge Events

We are always in awe of our supporters who go out and complete challenge events for us, some of whom return year after year. We offer places in several of the key local races.

York 10k

For the fourth consecutive year we had a team of runners taking part in the York 10k, one of the country's most beautiful city runs. Runners have the unique opportunity to race through the heart of the city taking in historic landmarks, including the ancient city walls, Clifford's Tower and the Minster. This year's runners raised over £2,500 for various departments.



Yorkshire Coast 10k

In October we cheered on five runners taking part in the Yorkshire Coast 10K raising over £1,200 for the Scarborough Urgent and Emergency Care Appeal. The course which starts at the Scarborough Spa routes along South Bay, past the harbour, round the headland and into North Bay. Runners pass through the Open Air Theatre, out to the Sea Life Centre then back along the coast road all the way back to the Spa.

Great North Run

Our team of runners took part in the Great North Run raising over £13,000 for various departments within our hospitals.

Our Community Fundraiser Maya said: "The atmosphere was amazing. We had relatives running to say thank you for the care their family members had received, staff running for their departments and those running in memory of their loved ones."



Challenge Events

In addition to offering places in organised events, York & Scarborough Hospitals Charity encouraged supporters to take part in our own events.

10k Any Way

For the third year running we offered our supporters the chance to go 10k any way they like; skiing, running, walking, rollerskating, the choice was theirs. This challenge has been great for children to enter as they could use their imaginations and were able to complete the 10k over multiple days.



Helvellyn Sunset Walk

In May 2022, we introduced a new guided climb up the beautiful Helvellyn at sunset. The walkers climbed the mountain and arrived at the summit just in time to see the sun setting across the Lake District. It was a tough challenge, but the views from the top made it all worthwhile.

Yorkshire Three Peaks

Thank you to our amazing walkers who completed the Yorkshire Three Peaks. Taking on the challenge of the 24 mile circular walk, the team all came back in under 12 hours, raising over £3,000 for their local hospitals.



Pen-y-ghent Family Walk

In addition to the Yorkshire Three Peaks, we offered a family walk challenge up Pen-y-ghent. This bitesize, yet mighty trial saw our walkers travel over six miles up the smallest of the Yorkshire Three Peaks, with amazing views of the Yorkshire Dales, whilst raising £1,000 to help support staff and patients and their families.

Fundraising Campaigns

In addition to our annual Big Tea campaign which coincides with the NHS Birthday, and our National Elf Service Christmas campaign, we added two new campaigns to our calendar for 2022/23.

Win a Week

York & Scarborough Hospitals Charity is giving all YSTHNSFT and YTHFM staff the opportunity to:

'Win a Week' of annual leave

- £2 per entry
- Unlimited entries permitted
- Leave to be used by 31 March 2024
- Please see website for all Ts & Cs
- Draw closes midday Friday 11 November 2022
- The winner will be announced 14 November 2022



Y&S Hospitals Charity



Scan here to enter or go to www.yorknhs.uk/winaweek

Registered Charity No. 1054627

In October 2022, we launched a new campaign giving staff the opportunity to 'Win a Week' of annual leave. The competition was incredibly popular and raised over £9,000.

Staff feedback was positive and we plan to rerun the competition in October 2023. The lucky winner was a member of the York Audiology team and she was absolutely delighted.

Cash Raffle

In January 2023 we offered everyone the chance to start the New Year with a bang by winning £2,023 for 2023 in our first ever cash raffle. Our lucky winner Dawn, from Filey, was so grateful for her care at York and Scarborough hospitals she was moved to buy the raffle ticket in aid of the new Urgent and Emergency Care Appeal at Scarborough Hospital.

Dawn, who lives with her husband, said:

"I never win anything, so the phone call to tell us we had won was a shock. We are delighted and still cannot believe it. We haven't decided what to spend it on yet, so we will sit on it for a while and maybe buy something more extravagant than normal. We started to support York & Scarborough Hospitals Charity after we received fantastic care. We moved from Essex a few years ago and found the treatment at both York and Scarborough second to none with staff going the extra mile."

There were five other lucky winners who won £100 each and the money raised from the raffle will help to support the Urgent and Emergency Care Appeal for Scarborough Hospital.



Urgent & Emergency Care Appeal
Scarborough

Win £2023 for 2023

Start the new year with a bang

Scan me



1st Prize
£2,023
5x prizes
£100

- £5 for a book of 5 tickets via website or QR code
- £1 for individual paper tickets – call 01904 724521
- Please see website for terms and conditions
- Draw closes midnight 8 January 2023
- Winners will be announced 9 January 2023

01904 724521
charity.fundraising@york.nhs.uk
www.york.nhs.uk/2023for2023

FR Registered with FUNDRAISING REGULATOR
Registered Charity No. 1054627

Community Support



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Community Support

We are always incredibly grateful to our community supporters. Year after year they surprise us with their innovation and commitment to raising money for their local hospitals and community services.

The charity team have stewarded 48 third party events in 2022/23 (up from 46 in 2021/22). The team support donors with their fundraising and events, which can be anything from supplying collection tins and posters to helping with the organisation of a ball.



Walk for Dan Woods

A huge thank you to Heather Woods and her friends and family who completed an incredible walking challenge. The group walked 115km from Hyde Cricket Club in Cheshire to York Cricket Club. The challenge was to raise money for the Magnolia Centre at York Hospital in memory of Heather's husband Dan Woods.

Dan, who was captain of York Cricket Club, had been visiting the centre for cancer treatment for over a year before passing away in March 2020. The Walk for Dan challenge raised an incredible £7,000, which means the total raised by Heather and her family in memory of Dan now stands at over £60,000!

Ball for Breast Cancer Services

Annette and Deanne organised fantastic Charity Gala Evening in April 2022, raising £5,000 for Breast Cancer Services at Scarborough Hospital.

The pair became lifelong friends after meeting at the cancer care support group funded by York & Scarborough Hospitals Charity. This is the third ball they have organised since 2017 and have raised over £11,000 in total.



Community Support

Coast to Coast success

In October 2022, Lucy, Vicky and Laura raised over £3,000 by completing the Morecombe to Bridlington coast to coast cycle ride.

Lucy wanted to take on the 173 mile challenge to raise money for the Coronary Care Unit at York Hospital in memory of her Dad, who sadly passed away last year.



York Register Office support SCBU

For the past 10 years, the Register Office in York have collected £2 donations from new parents who come to collect their birth certificates, which has so far raised over £37,000 for the Special Care Baby Unit at York Hospital. Recently, they made another incredible donation of £5,000 to support the unit.

Olivia's Dream Ball

Donna and Matthew Bailey wanted to show their gratitude to staff at York Hospital after their baby daughter Olivia was born sleeping in June 2022. The couple organised Olivia's Dream Charity Ball at York Racecourse in November 2022 and raised over £30,000 to support the Butterfly Appeal. The appeal was launched to fund the development of a brand new maternity bereavement suite at York Hospital.

The hospital had a designated room for parents to use and stay in with their baby, which Donna and Matthew used. However, it was quite small and functional and the plans for new suite included a private garden area to give families space, soundproofing for additional privacy and extra space for families and clinicians. This inspired Donna and Matthew to organise the charity ball to raise money to help fund the development. Donna added: "Although this development won't bring back our babies who sadly pass, we know first-hand the comfort that these facilities can bring to bereaved families."



Scarborough Urgent & Emergency Care Appeal



In April 2022, we launched the Scarborough Urgent and Emergency Care Appeal with a target of £400,000 to fund the extras over and above what the NHS will fund in the new scheme. In addition to the appeal, the charity has committed an additional £400,000 of existing funds to support the Urgent and Emergency Centre, meaning the charity's overall contribution to the new centre will be £800,000. As of 31 March 2023, £148,337 of the £400,000 had been raised.

With our charitable aims being to improve patient care and experience and improve staff wellbeing we will be funding artwork within the fabric of the building, which will be a nature theme with colours choices proven to reduce anxiety and aggressive behaviour. There will also be zones to help with wayfinding. We will fund staff and patient gardens on each of the two floors and fund the fitting out of specialist rooms for patients with mental health issues or hidden disabilities.

In January 2023 we invited local businesses to join a tour around the Urgent and Emergency Care Centre site as part of the launch of our business club. Businesses committed to raise or donate a minimum of £1,000 will have their logo displayed within the entrance of the new build.

The charity launched our first Online Auction in November 2022. There were a fantastic 58 prizes to bid on and the auction raised almost £6,000 for the appeal.

The local community has also got behind the appeal. The Scarborough team at Smailes Goldie Group challenged themselves to walk a section of the Yorkshire Wolds Way in aid of the Urgent and Emergency Care Appeal. Each department took on the challenge to walk a section of the 79 mile route from the Humber Bridge to Filey Brigg and raised over £8,000!

Lottery

We continue to promote the lottery to recruit players. In 2022/23 the lottery raised over £4k. By linking with Sterling Lotteries, it means our players are able to win a maximum of £25k per week. This year we have had over 150 winners including our first £1k winner, a member of staff from Scarborough.



Your chance to win up to £25,000 each week!

Sign up today and make a positive difference to your local hospital through York & Scarborough Hospitals Charity.

www.york.nhs.uk/lottery



Registered with
FUNDRAISING
REGULATOR

Registered Charity No. 1054527

unity

Legacies



During 2022/23 we received £519k from 11 benefactors (18 in 2021/22) which was an increase of 601% vs 2021/22 (£74k).

Legacies continue to provide a significant contribution to the charity income. They remain an unpredictable source but each that we receive is a humbling testament to the caring work of the staff within the Trust to help ensure patients receive the best possible care.

P Jackson	York Arterio Venus Fund	WS Anderson	York Hospital
E Swindon	York Hospital	JM Vasey	Malton Hospital
E Smedley	Scarborough Hospital	SE Jackson	Scarborough Hospital
M Warren	Haematology/Oncology	GGR Bielby	Scarborough Hospital
EB Crofts	Haematology	RH Stubbings	Audiology
P Harness	Scarborough Children's Ward		

Associated Charities

York & Scarborough Hospitals Charity receives income through the associated Leagues of Friends for each hospital. These are in response to specific requests for the support of projects or equipment. The total donated by these groups in 2022/23 was £85k, -12% vs 21/22 (£97K).

League of Friends	2022 / 23	2021 / 22
Friends of York Hospital	£40,856	£15,319
Friends of New Selby War Memorial Hospital	-	£3,984
Friends of St Monica's Hospital	£1,593	£864
Malton League of Friends	£35,988	£70,527
Scarborough League of Friends	£4,392	-
SCBU Support Group	£2,342	£6,366
TOTAL	£85,171	£97,060

Table 1 – Income from Associated Charities

Volunteering

Volunteering has traditionally played an important role in the life of our hospitals and the wellbeing of patients and this is particularly so in fundraising. Before Covid-19, volunteers were vital to helping the charity maximise fundraising opportunities at our events and collections.

During 2022/23 the majority of our volunteers' time was spent helping with administrative tasks and bucket collections. Over 100 hours of time was donated by seven volunteers and we have been very happy to support one student working towards his Duke of Edinburgh silver award.

As well as individuals, the charity continues to be actively supported by the following volunteer support groups:

-  SCBU York Support Group
-  York Orthopaedic Support Group
-  Hunmanby Cancer Fund
-  Filey Cancer Fund

Expenditure Overview



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Expenditure Overview

The total expenditure for the year 2022/23 was £2.08m, up 10.3% year on year.



Chart 3 - Expenditure overview

York & Scarborough Hospitals Charity is delighted to report that for the first time expenditure totalled over £2m in 2022/23. We fund the extras over and above that which is funded by the NHS. By funding a range of areas; patient care and experience, staff wellbeing, building and refurbishment and equipment our support ultimately benefits the patients being treated within the Trust's hospital and community settings.

We have continued to support the funding of capital projects during the year and were proud to fund the new maternity bereavement suite in York, which was opened in March 2023. Expenditure on capital projects was £631k (+1.1% vs 2021/22).

Equipment purchases accounted for 16.1% of expenditure in 2022/23, with £337k spent, down 18.7% vs 2021/22.

We have seen an increase of 73.3% year-on-year in spend on patient care and experience, with £504k being spent vs £291k in 2021/22. This was driven by generous donations from Harland Miller and York Rotary, enabling us to fund a program of existing garden renovations across the Trust and the creation of additional outdoor space.

There was an increased focus on expenditure on staff wellbeing during Covid-19 which has continued post pandemic. £201k was spent on staff wellbeing in 2022/23, up £22k vs 2021/22.

The charity management and admin costs came in at £401k in 2022/23, up 14% vs 2021/22. This was due in part to the addition of a temporary fundraiser in January 2022, to help with the appeal and also to Agenda for Change pay rises.

Expenditure comparison year on year

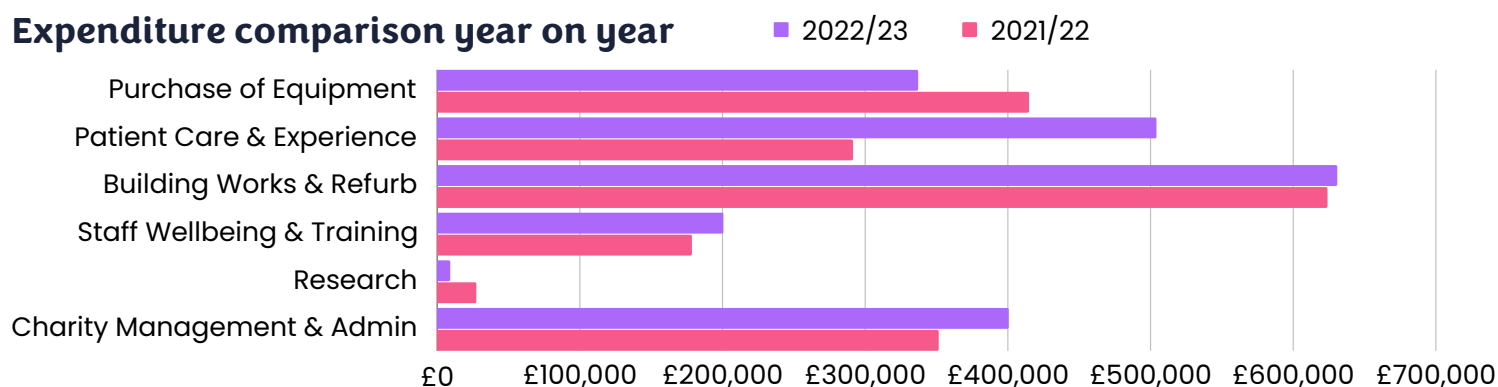


Chart 4 - Expenditure comparison year on year

Expenditure Highlights



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Bladder Scanner



Five new bladder scanners have been funded to help with the care of housebound patients by our district nursing teams. Although it may sound like a simple addition, these scanners will make a huge difference to thousands of patients across the York region.

Previously, the bladder scanner could only be accessed through the bladder and bowel specialist nursing teams. However, these scanners are frequently needed by our district nursing teams.

Without a scanner, the only other ways to assess a patient would be to use a catheter, which if the bladder is found to be empty would have been unnecessary. Catheterisation is a last resort as it is invasive, can be uncomfortable and puts the patient at an unnecessary risk.

The time it takes to wait for a scanner could delay a diagnosis or treatment or could lead to complications, so having these more readily accessible will improve patient care.

The additional scanners are based at each of the community services nursing hubs at Selby, East York, West York, North York and South Hambleton and Ryedale.

Lung Function Machine



A state-of-the-art lung function machine in the cardiorespiratory department was funded at Scarborough Hospital.

The machine, called EasyOne Pro, will be used to monitor the lung function of the many patients that come through the department with a broad range of conditions.

Before the equipment was funded, the department only had one machine for testing lung function. This was stationary and unable to be moved. This meant that patients would have to come to the department to get tested, sometimes leading to the equipment being unavailable due to patient demand or room occupancy.

Thanks to the EasyOne Pro, patients can now be monitored more comfortably, with a portable machine that adapts to their needs. Staff can even go to patients' bedsides to measure things like spirometry, lung volume and gas transfer measurements. This convenience and flexibility have proven invaluable, especially for patients with mobility issues who cannot visit the cardiorespiratory department easily.

Having a second unit also means wait times have been reduced from around 20 weeks to about six weeks, with patients now receiving timely assessments, diagnoses, and treatments, improving their healthcare experience and treatment pathway.

3D Digital Oral Scanner



York & Scarborough Hospitals Charity is proud to have funded an innovative 3D digital intra-oral scanner to take digital scans of patients' teeth and surrounding structures.

This new method of scanning will replace traditional paste impressions, improving the experience for oral cancer patients. The scans can also be transmitted electronically to produce a 3D printed version of the teeth, a much faster process than traditional impression appointments.

David Seymour, Consultant in Oral Rehabilitation, explains "Our patients often have surgery, radiotherapy and chemotherapy to treat oral cancer. As part of this process, they often lose teeth, bones and can have holes in their mouth which communicate with their nose. They can face a lengthy rehabilitation journey, often requiring implants or intra-oral prostheses.

"A digital impression is more accurate and requires no physical impressions. A small camera is waved around a patient's mouth, providing a digital impression, which is then 3D printed. This pathway is faster, more efficient, cheaper in the long run and better for the environment."

The digital impressions are currently being 3D printed off-site, however a new printer based at York Hospital will be used later this year.

Hearing Assistance Loops



Additional hearing loops have been funded across York and Scarborough Teaching Hospitals NHS Foundation Trust.

These hearing loops will benefit patients and visitors who are deaf or have hearing impairments by improving communication with staff in key areas such as reception counters, nurses' stations, pay stations and in some consulting rooms.

The equipment is an assistive hearing system that amplifies sound and removes background noise in areas such as those mentioned, giving patients with hearing aids or cochlear implants the ability to hear more effectively.

For people with hearing impairments, the ability to communicate with medical professionals and hospital staff is essential to receiving the best possible care. By installing these hearing loops, we are helping to ensure that everyone, regardless of hearing ability, has the best care while in our hospitals.

Cycle Store



York & Scarborough Hospitals Charity provided funding to install a brand new cycle store for staff at York Hospital.

This state-of-the-art bike shelter has been designed to replace the existing staff cycle store at Park House and provides weather-resistant cycle racks and shelters that have been specifically tailored to fit the available space.

With the capacity to hold up to 106 bikes, the new store is much larger than the existing one, which had a capacity of just 26 bikes. This means that more staff will now have access to secure and convenient cycle storage, making it easier than ever to cycle to work.

The new store is well lit with CCTV and has security access, to ensure that the facility is safe and secure and fit for purpose.

Mental Health First Aider Training



Refresher training for Mental Health First Aiders has been funded and has taken place across the Trust.

Mental Health First Aiders require refresher training every three years, which means they can continue to identify, understand and help staff who may be experiencing a mental health issue. Having staff that are qualified on each hospital site enables all staff to access the Mental Health First Aiders for help and advice if they need it.

Rachel Marson, Health Promotion Advisor at York & Scarborough Teaching Hospitals NHS Foundation Trust says:

“We now have 110 members of staff that are trained as Mental Health First Aiders across the Trust, based at various sites who can help to support any member of staff who may be experiencing mental health issues.”

Caring for staff and making sure that they are mentally fit to meet the service demands will ensure better patient care and better health of the overall workforce.

York & Scarborough Hospitals Charity also fund the Mental Health First Aider badges, which are worn to help identify those staff members who have completed the training.

Water Bottles



York & Scarborough Hospitals Charity provided funding for reusable water bottles for hardworking midwives across the Trust, helping them stay hydrated and alert throughout their shifts.

Midwives in our hospitals work long and demanding hours, providing essential care to mothers and newborns. We have been able to fund reusable water bottles for midwives throughout our hospitals, ensuring they have water to hand whenever they need it.

Although just a small item, the water bottles are simple yet effective and have helped our midwives stay alert and focused on providing the best possible care to patients.

Auricular Acupuncture



Elaine had a severe phobia of needles all her life. Routine encounters with needles were always distressing for her and any hospital visits or procedures extremely traumatic.

Unfortunately Elaine was diagnosed with breast cancer. Under the care of Ms Jenny Piper, Consultant Breast Surgeon, Elaine went on a course of medication to help shrink the tumour whilst avoiding needles, but an operation was still needed.

Elaine was referred to Dr Phil Simpson, Clinical Psychologist, as an urgent case. The combination of her severe needle phobia and the breast surgery was going to be a challenge. After sessions with Dr Simpson, Elaine learnt techniques and strategies to start to overcome her fears and be able to handle needles. Despite this progress, Dr Simpson needed to think about ways she could practice these strategies with needles being inserted to be confident ahead of the big nuclear injection and surgery that was needed.

This is where our donors came in to help. Michelle Kirkman, Complementary Therapist for Cancer Services had recently started working on a new treatment, auricular acupuncture with the chair, needles and other equipment funded by York & Scarborough Hospitals Charity. Elaine was the first patient to benefit from Michelle's expertise, as due to the pandemic only staff had been able to trial the procedure previously.

The treatment involves having 10 needles inserted in certain points of the ears to boost relaxation and wellbeing. In Elaine's case, she could practice her coping strategies in real life as the small needles were inserted. Elaine managed to have all 10 needles in her ears with no problems and went on to successfully have a nuclear injection and surgery. She is incredibly grateful to everyone who went above and beyond to get her the treatment she needed.

Autumn Rooms



The Autumn Project has received an amazing amount of support since its launch in 2021. One of the Trust's priorities is for patients to live and die well. The Autumn Project was created to support patients and their families who are receiving end of life care and encourages better communication, providing consistency of care across the wards.

Thanks to generous donations, the Autumn room was created, giving a more homely environment for patients and their loved ones to have a special space, providing a comfortable setting to allow loved ones all the facilities they may need.

The first room opened on the Juniper ward at Scarborough Hospital. Palliative care teams at York and Scarborough are leading the Autumn Project, aiming to roll it out onto every ward.

Donations have helped to fund end of life screens allowing patients privacy and dignity when a side room is not always possible. The screens provide relaxing visuals, taking away the clinical feel of a ward or department and allow patients and their relatives precious time together.

Nine screens have been funded so far with a plan to roll out more much needed screens across the Trust.

Annie, who has raised almost £5,000 for the project said:

"Having lost my mum in 2020, I have experienced first hand the importance of providing an environment that is appropriate to end of life care. The end of life screens are essential in enabling patient, families and carers to have privacy, peace and respect during a most difficult time.

"The inner screen images, whether a stunning sunset, a beautiful garden or spring blossom, offer a far more appropriate and relaxing picture than that of a busy clinical ward"

Volunteer Support



Two new volunteering services roles have been funded to help coordinate and manage volunteers across the Trust.

Stewart, Volunteer Service Co-ordinator and Eleanor, Volunteer Services Administrator, recently came into post and are already positively impacting the volunteering service.

Volunteers are a crucial part of hospital operations and perform various roles, from supporting wards to welcoming patients and visitors as they enter the hospital.

The dedication and selflessness of volunteers make them an essential part of the hospitals' community, providing a vital service that benefits both patients and staff alike, which is why having these two new roles in place is so important.

Volunteering Service Co-ordinator, Stewart, will manage and support volunteers wherever needed, ensuring that volunteers are well-trained and equipped to provide the best possible support to patients and staff. Stewart will also focus on recruiting and building the volunteer network in Scarborough Hospital.

Eleanor, Volunteer Services Administrator, will provide crucial support to the team, ensuring applications are processed, and checks are up to date to carry out their duties effectively. This role is critical in ensuring that volunteers are well-organised and ready to make a valuable contribution to the hospital.

If you are interested in volunteering at York and Scarborough Teaching Hospitals NHS Foundation Trust, please visit www.yorkhospitals.nhs.uk/get-involved/volunteering for more information. Applications are open quarterly, so check to see when the next window opens.

Butterfly Suite



We are very proud to have officially opened The Butterfly Suite in March 2023, a new maternity bereavement facility, at York Hospital.

We ran an appeal to raise £250,000 to fund the Butterfly Suite, which received huge support from the local community, hospital staff and the Friends of York, Selby and St Monica's hospitals. In addition to this we had an incredibly generous donation from the York branch of the stillbirth and neonatal charity, Sands. While the hospital previously had a designated room for parents to use and stay in with their baby, it was quite small and functional. The new suite offers more space, privacy, and is specifically designed to give families somewhere they feel safe and cared for at an incredibly difficult time. The suite also has a private garden for families to spend time outside and thanks to wonderful support from Donna and Matthew, who fundraised by hosting Olivia's Dream Ball, the garden is undergoing renovation and will be completed in Summer 2023.

Beverley Shelley, Bereavement Midwife at York Hospital, said:

"The loss of a baby at any time is devastating for parents and their families. Good bereavement care at the start of a parent's grief journey can have an impact on their long-term mental wellbeing. The creation of a purposely designed bereavement suite is an essential part of this. It helps to create a sanctuary for parents away from the busy workings of a delivery ward.

"The new bereavement suite provides more much-needed space, is soundproofed, has new furnishings and equipment and access to its own garden. It promotes a quiet, welcoming area for parents to spend quality time with their baby, creating memories that need to last a lifetime."

Butterfly Suite



To celebrate the completion of the suite, we held an opening event in March to thank those who helped to make the project possible. The event included a short service in the chapel at York Hospital, followed by refreshments and the guests attending the event were invited to take a tour of the new Butterfly Suite.

Approximately 50 families each year at York Hospital will find out that their baby is unlikely to survive birth. We know there is nothing that can take away the pain for these families, but we also know how precious those few hours or days can be before they have to say their final goodbyes.

We would like to thank everyone that has contributed to the Butterfly Appeal to make this project possible.

Ablutions Facility



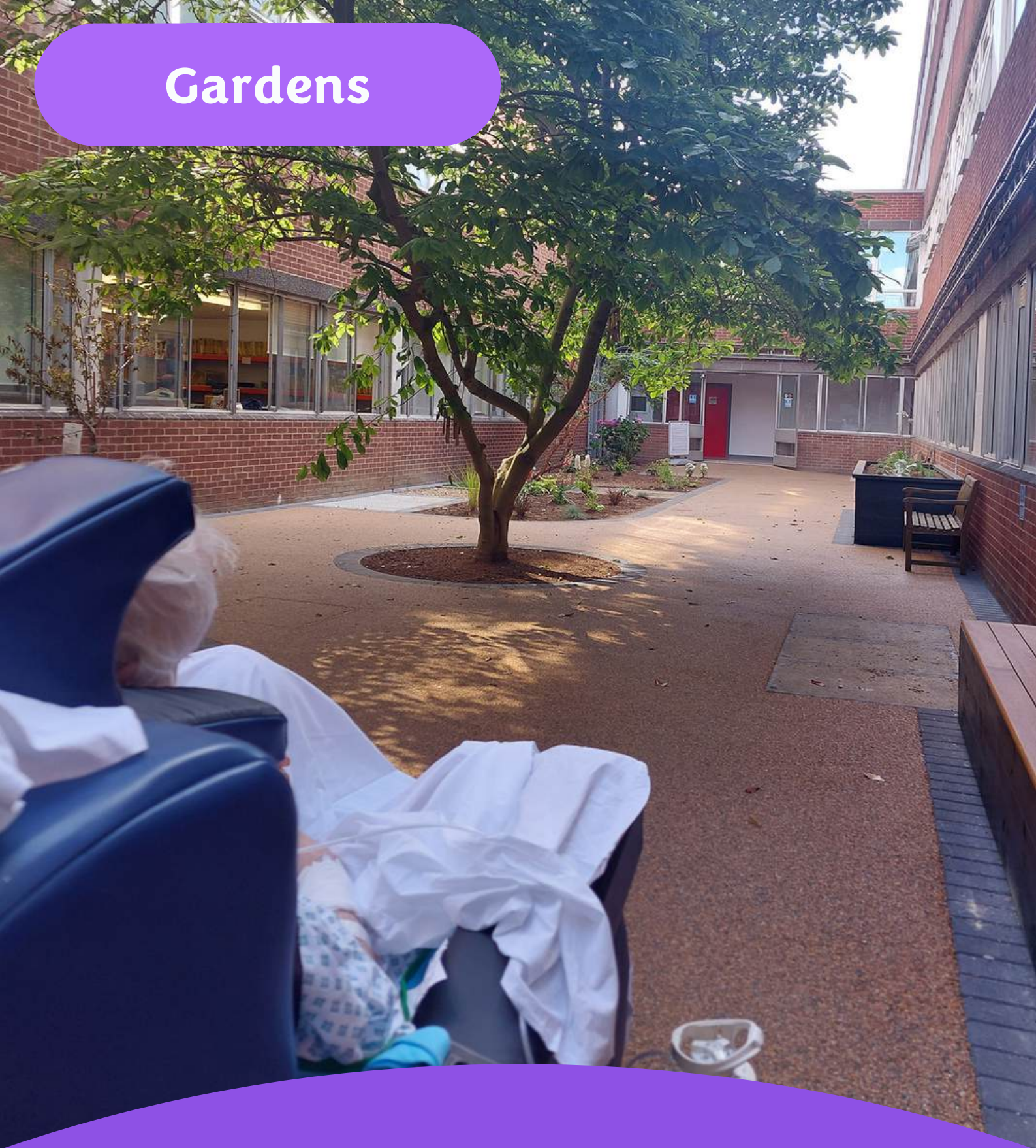
The York ablutions facility was created by refurbishing an old doctor's on-call room, chosen for its proximity to the prayer room in the chapel. The space has been reconfigured to fit a large ablution room and a small book store. It includes new sanitary appliances, fixtures and fittings, new finishes to walls, floors and ceilings, and full wheelchair accessibility.

Hassena Karbani has worked alongside the capital projects and Chaplaincy team since the start of the project. Hassena said: "I am delighted the ablution area is now complete. A dedicated ablution area in both our acute hospitals makes an essential difference to our colleagues and service users, enabling them to seamlessly fulfil their daily prayers on site.

"On behalf of the Race Equality Network, our staff and patients, I would like to express my gratitude to everyone involved in the process over the years and to York & Scarborough Hospitals Charity and NHS Charities Together for their funding. This is a great step in recognising the diversity of our workforce and promoting inclusion within the workplace."

The dedicated space for ablutions was officially opened in March 2023 with a special visit from Imam Ammar, followed by prayers.

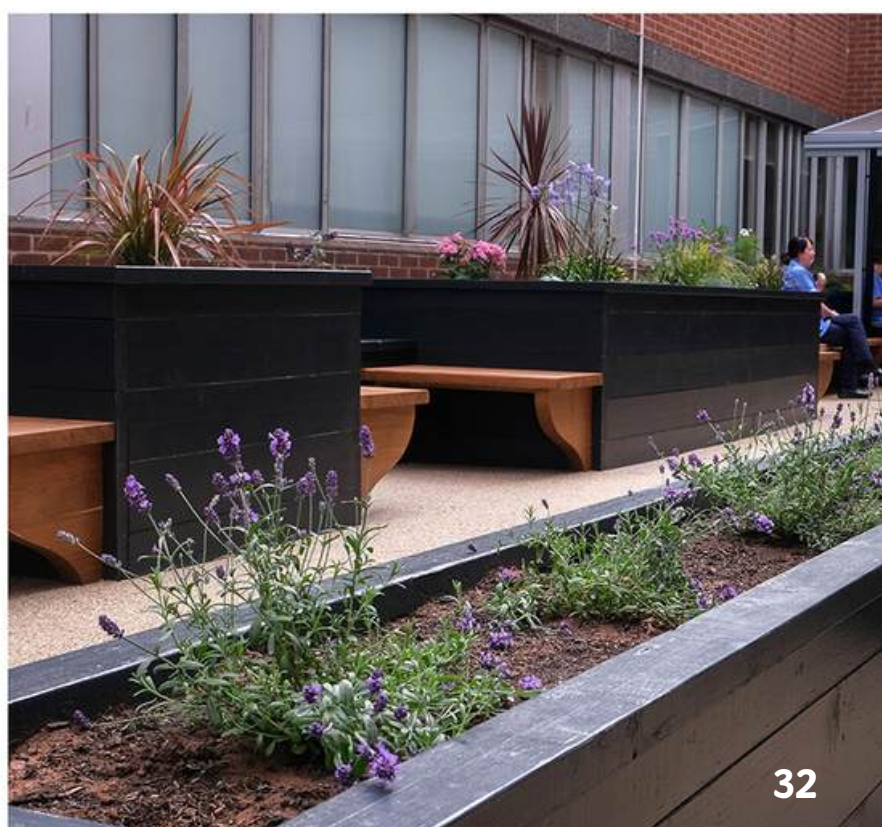
Gardens



'Thanks to an incredibly generous donation of £200k from York born artist Harland Miller and a £20k donation from York Rotary, York & Scarborough Hospitals Charity has been able to fund a garden renovation programme to both increase the number of gardens and improve the outdoor space available for both staff and patients across the Trust sites.

One patient told us: "This has been the absolute highlight of my week, I feel so much better for getting out in the air, simply lovely. I'd like to do it again tomorrow. What a wonderful space to come, sit, breathe and have a minute away from the hustle and bustle".

Gardens



Arts in our hospitals



York & Scarborough Hospitals Charity is proud to support the work of the Trust's Arts Team.

Thanks to donations, we were able to provide funding to give stroke patients at White Cross Court weekly music sessions. The project was set up in collaboration with The Artery and the Arts Team. The aim of the sessions was to create an atmosphere of camaraderie and reduce feelings of isolation among patients.

Patients were encouraged to develop friendships within the group and provide support for each other during their journey back from a traumatic experience.

Feedback showed that the sessions led to an improvement in mood and relief of boredom and offered a different way of communicating when words could not be found. Patients at White Cross Court are in individual rooms which can be quite isolating.

One patient said that "People get to leave their room, [which is] a welcome diversion to the daily hospital routine."

Patients also appreciated the enthusiasm of the musicians, which helped with participation and socialising, and felt included when using the instruments.

The project highlights the ability of arts in the healthcare setting to improve the patient experience.

Gifts in Kind

As a charity we regularly receive donations of gifts for staff and patients.

In addition to the generous donations made by our supporters in 2022/23, we held an auction to support our Scarborough Urgent and Emergency Care appeal. We were lucky enough to receive 58 prizes from both individuals and businesses. We'd like to thank everyone who made physical donations to help make a difference to staff and patients. Some of the donors are represented below.



Aesthetica



The **co-operative** funeralcare



DUNESFORDE

CAKE OR DEATH

Governance

Constitution and Powers

The charitable funds of York and Scarborough Teaching Hospitals NHS Foundation Trust are registered under a single umbrella charity in the name York & Scarborough Hospitals Charity (Y&SHC). York Teaching Hospital Charity (YTHC) was registered with the Charity Commission under number 1054527 on 11 April 1996. The governing document of YTHC was a declaration of trust, dated 23 February 1996, as amended by deed dated 25 May 2012. A Transfer of Staff, Property and Liabilities Order signed by authority of the Secretary of State for Health on 28 June 2012 replaced the Scarborough Healthcare NHS Trust Corporate Trustee with the York Teaching Hospital Charity Corporate Trustee. On 27 March 2013, the Corporate Trustee resolved to de-register the Scarborough charity as a charity in its own right and re-register it as a charity under the umbrella of the York Teaching Hospital Charity. In July 2021, with approval from the Corporate Trustee, York Teaching Hospital Charity rebranded to become York & Scarborough Hospitals Charity following the name change of the Trust on 1 April 2021.

YTHC was established using the model declaration of trust and all funds held on trust on the date of registration were either part of this unrestricted fund or registered as separate restricted funds under the main charity. Subsequent donations and gifts received by Y&SHC that are attributable to the original funds are added to those fund balances within the existing charity.

The purpose of Y&SHC is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the York and Scarborough Teaching Hospitals NHS Foundation Trust. York and Scarborough Teaching Hospitals NHS Foundation Trust is the Corporate Trustee of Y&SHC. Members of the Board of Directors are not individual trustees under Charity law but act as agents on behalf of the Corporate Trustee.

The Corporate Trustee fulfils its legal duty by ensuring that monies are spent in accordance with the designation of each fund. By designating funds, the Corporate Trustee respects the wishes of donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where monies have been received that have legal restrictions imposed, a restricted fund is established.

York & Scarborough Hospitals Charity

Charity Registration Number	1054527
Registered Address	York & Scarborough Hospitals Charity York Hospital Wigginton Road York, YO31 8HE

Charity Governance Committee

In its management of the charitable funds, the Corporate Trustee has had regard to the Charity Commission's guidance on independence. Acting for the Corporate Trustee, the Charity Governance Committee assists in maintaining independence by ensuring the use of charitable funds is focused on the needs of NHS patients. The Charity Governance Committee has devolved responsibility for the overall management of charitable funds.

The Committee is required to:

- Control, manage and monitor the use of the charity's resources for the public benefit, having regard for the guidance issued by the Charity Commission.
- Ensure best practice is followed in the conduct of all its affairs fulfilling all of its legal responsibilities.
- Ensure that the Investment Policy, approved by the Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations and monitor the performance of the investment managers.
- Report to the Corporate Trustee so it remains fully informed on the activity, performance and risks of the charity.

Regulation & Membership



Y&SHC is registered with and adheres to the standards set by the Fundraising Regulator and Fundraising Preference Service.
www.fundraisingregulator.org.uk



Y&SHC is an active member of NHS Charities Together (formally known as the Association of NHS Charities). NHS Charities Together seeks to support, and to be the voice of all NHS Charities in England, Scotland and Wales. The principal aim of the Association is to promote the effective working of NHS Charities. Being a member offers Y&SHC a wide range of support, networking and information services as well as adopting best practice from across the sector. During 2020 NHS Charities Together ran an urgent appeal in response to the Covid-19 pandemic, raising in excess of £150m for member charities.
<https://www.nhscharitiestogether.co.uk/>



One member of the Fundraising Team is an individual members of the Chartered Institute of Fundraising (CIOF). The CIOF is the chartered professional membership body for UK fundraising. They support fundraisers through leadership and representation; best practice and compliance; education and networking; and champion and promote fundraising as a career choice.
<https://ciof.org.uk/>

Charity Personnel

Corporate Trustee

The following members of the Board of Directors served on behalf of the Corporate Trustee during the year:

Executive Directors			
Name	Role	From	To
Simon Morritt	Chief Executive	August 2019	Present
Andrew Bertram	Finance Director Deputy Chief Executive	January 2009 May 2018	Present
Jim Taylor	Medical Director	October 2015	October 2022
Karen Stone	Medical Director	November 2022	Present
Wendy Scott	Chief Operating Officer	September 2017	June 2022
Melanie Liley	Interim Chief Operating Officer	July 2022	Present
Heather McNair	Chief Nurse	July 2019	Present
Polly McMeekin	Director of Workforce and Organisational Development	February 2019	Present
James Hawkins	Chief Digital and Information Officer	August 2022	Present

Table 2 –Executive Directors

Non-executive Directors			
Name	Role	From	To
Alan Downey	Chair	February 2022	May 2023
Jenny McAleese	Non-executive Director Vice Chair Senior Independent Director	March 2017 October 2020 May 2019	Present Present Feb 2020
Lorraine Boyd	Non-executive Director Senior Independent Director	April 2018 July 2018	June 2018 Present
Lynne Mellor	Non-executive Director	April 2018 July 2018	June 2018 Present
Stephen Holmberg	Non-executive Director	July 2019 March 2020	Present
Jim Dillon	Non-executive Director	July 2019	Present
Matt Morgan	Hull York Medical School Stakeholder Non-executive Director	June 2020	Present
Denise McConnell	Non-executive Director	November 2021	Present
Ashley Clay	Assoc. Non-executive Director	November 2021	April 2023

Table 3 –Non-Executive Directors

All NEDs are considered to be independent, meeting the criteria for independence as laid out in NHS England's Code of Governance.

The Board of Directors has included an additional non-voting Director in the membership of the Board:

Non-voting Directors			
Name	Role	From	To
Lucy Brown	Director of Communications	February 2020	Present

Table 4- Non-voting Directors

There were no changes occurring in the Board membership during the year.

Corporate Advisors

The Corporate Trustee has appointed the following professional advisors during the year:

Bankers	Barclays Bank PLC Leicester, LE87 2BB
Independent Auditor	Mazars LLP 5th Floor 3 Wellington Place, Leeds, LS1 4AP
Investment Managers	Brewin Dolphin Ltd 10 Wellington Place, Leeds, LS1 4AN

Charity Governance Committee

The following acted as members of the Charity Governance Committee during the year:

Charity Governance Committee	
Name	Role
Alan Downey	Chair
Andrew Bertram	Finance Director Deputy Chief Executive
Lucy Brown	Director of Communications
Lucy Turner	Deputy Chief Operating Officer
Elizabeth Hill	Associate Chief Operations Officer (from January 2023)
Andrew Bennett	Head of Capital Projects
Steven Kitching	Deputy Finance Director
Robert Taylor	Deputy Head of Corporate Finance
Rachel Brook	Charity Manager

Table 5 – Charity Governance Committee

Operational Staff

No members of staff are employed directly by Y&SHC. Salary costs in respect of fundraising, financial management and administration are recharged by York and Scarborough Teaching Hospitals NHS Foundation Trust. Staff remain employees of York and Scarborough Teaching Hospitals NHS Foundation Trust. The recharge is based on time spent on work related to the charity.

Charity	
Name	Role
Rachel Brook	Charity Manager
Lucy Clegg	Fundraising Manager (Mat leave November 2022. Left January 2023)
Maya Liversidge	Community Fundraiser – East Coast & Ryedale
Joe Fenton	Community Fundraiser – York & Selby
Emma Sargent	Community Fundraiser – York & Selby
Rebecca White	Charity Assistant (from May 2022)

Charity Finance	
Name	Role
Robert Taylor	Deputy Head of Corporate Finance
Janet Harrison	Charity Finance Team Leader
Sarah Hodgson	Charity Finance Administrator (from November 2022)

Table 6 – Charity operational staff

Policies and Procedures

During this year, the Charity Governance Committee has reviewed policies and documents relating to each of the items below. The policies are reviewed according to a timetable, which is reviewed annually. The Corporate Trustee has delegated functions to the Charity Governance Committee but retains overall responsibility for the Charity.

Risk Register

The Charity Governance Committee actively reviews the perceived major risks that the Charity faces. Operational standards have been set throughout the organisation which is audited on a regular basis.

The Charity also maintains a risk register which is reviewed annually.

Scheme of Delegation

The Charity operates within the constraints of the scheme of delegation and standing financial instructions. The acceptance of income (e.g. donations and legacies) and the approval of expenditure operates within an authorisation framework.

Expenditure

Expenditure is appropriately controlled to ensure that it fulfils the objects of the Charity and of the individual funds.

Y&SHC relies on York and Scarborough Teaching Hospitals NHS Foundation Trust to identify the appropriateness of funding requests in order to keep transaction costs to a minimum and to simplify the approval process. All expenditure is approved in advance and in line with the Charity's scheme of delegation. The Charity Governance Committee approves all significant expenditure in advance and routinely monitors all expenditure to confirm that it is appropriate. A scheme of delegation setting out limits of authority for approving expenditure is in place. All our grants and activities demonstrate public benefit, so that the Corporate Trustee has complied with its duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising its powers or duties.

Terms of Reference

The Terms of Reference for the Charity Governance Committee set out the membership requirements, expectations, framework and delegations for this formal group, accountable to the Corporate Trustee. They ensure the committee carries out its roles and functions appropriately, in line with devolved responsibility.

Privacy Statement

This policy sets out how and why Y&SHC collects and uses your personal information, and how we protect it. If we ask you to provide certain information by which you can be identified, it will only be used in accordance with this privacy statement and in line with GDPR and appropriate Data Protection legislation.

Investment Policy

The overall objectives of the policy are to create sufficient income and capital growth to enable the charity to carry out its purposes consistently year on year, with due and proper consideration for future needs and the maintenance and enhancement of the value of the invested funds while they are retained.

The charity has a portfolio of professionally managed investments. The Corporate Trustee precludes investment in companies closely connected with the arms trade, tobacco and alcohol industries. This is defined as companies with more than 20% of their turnover in these activities. The investment portfolio is managed on a discretionary basis by Y&SHC's investment managers, Brewin Dolphin. Investment income amounted to £177k for the year (2022: £152k). The total portfolio was valued at £6,112k at the end of the year (2022: £7,488k).

Reserves Policy

The charity derives most of its income from donations and legacies and this varies from one year to the next. Charities are always conscious of the need to secure their viability for the longer term by putting aside some of their current income to meet future commitments and as a reserve against uncertainties. Charities also have a requirement to apply their income for the purposes for which it was given, within a reasonable timescale.

While the Corporate Trustee does not aim to retain excessive reserves, there is a need to retain some reserves, the main reasons being;

- To ensure donations are spent in line with the donor's wishes.
- Donations may be made for specific purposes but will not be spent immediately if unnecessary.
- To ensure there are sufficient funds to fund future developments.
- To meet current or anticipated expenses such as management, administration and governance costs.

The Corporate Trustee calculates the reserves as that part of the unrestricted income funds that is freely available after taking account of designated funds that have already been earmarked for specific needs. At the end of March 2023 the unrestricted undesignated reserves amounted to £774k (2022: £1,020k).

The Corporate Trustee foresees a need only to maintain reserves sufficient to provide certainty of funding for average annual general grant making. Therefore the target range for reserves is £300k to £700k to ensure the stability of grant funding.

Donation Form

Thank you for your support, together we can make a huge difference.



First Name:

Surname:

Home Address:

Postcode:

Telephone:

Email:

I would like to donate £

to **York & Scarborough Hospitals Charity**

☐ Please use my donation to support the following hospital or department:

Donate by Cheque: Please make it payable to **York & Scarborough Hospitals Charity**, send with this form enclosed to the address below



Donate online: Please visit www.york.nhs.uk/donate or scan here to donate now use a credit or debit card

Donate via Bank Transfer: Account no: 10989649, Sort Code 20-99-56, Reference Newsletter. Please advise us by phone or email if you are making a payment so that we know to look out for it and can say thank you!

We'd love to keep in touch

Please let us know if you would like to hear about where your donation and money raised is helping in our hospitals along with future event and fundraising campaigns.

☐ By post ☐ By email ☐ By phone ☐ No thanks

Please let us know if you would like to hear from us about future volunteering opportunities when they arise.

☐ By post ☐ By email ☐ By phone ☐ No thanks

You can change your preferences at any time by contacting us on the details below and you can read our full data protection and privacy policy on our website at www.yshospitalscharity.org

Increase your donation by 25p for every £1 you donate!

giftaid it

☐ I want to Gift Aid my above donation and any donations I make in the future or have made in the past 4 years to York & Scarborough Hospitals Charity

I am a UK taxpayer and understand that if I pass less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. York & Scarborough Hospitals Charity was previously known as York Teaching Hospital Charity.

Please return your form by post or in person to: York & Scarborough Hospitals Charity, Fundraising Office, York Hospital, Wigginton Road, York, YO31 8HE
hello@yshospitalscharity.org 01904 724521 www.yshospitalscharity.org

I understand that York & Scarborough Hospitals Charity will use any funds donated in the way that is most appropriate for the need of York and Scarborough Teaching Hospitals NHS Foundation Trust, in line with its charitable aim and objectives and I cannot request purchase of specific items.



Registered Charity No. 1054527



Annual Accounts 2022/23



Making a positive
difference to **York
& Scarborough**
Hospitals

York and Scarborough Hospitals Charity

Registered Charity Number 1054527

Annual Accounts 2022/23

Statutory Background

The Trustee of the York and Scarborough Hospitals Charity, York and Scarborough Teaching Hospitals NHS Foundation Trust, has been appointed under s11 of the NHS and Community Care Act 1990.

The York and Scarborough Hospitals Charity is registered with the Charity Commission and includes funds in respect of York and Scarborough Teaching Hospitals NHS Foundation Trust.

Main Purpose of the Charity

The main purpose of the York and Scarborough Hospitals Charity is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the York and Scarborough Teaching Hospitals NHS Foundation Trust.



Making a positive
difference to **York**
& **Scarborough**
Hospitals

Statement of Trustee's Responsibilities

The Trustee is responsible for:

- Keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Funds held on trust and to enable them to ensure that the accounts comply with Charities Act 2011 requirements;
- Establishing and monitoring a system of internal control;
- Establishing arrangements for the prevention and detection of fraud and corruption;

And

- Safeguarding assets and ensuring their proper application under Charity law.

In accordance with the charities SORP Financial Reporting Standard 102 (FRS 102) and the Charities Act 2011, the Trustee is required to prepare accounts for each financial year. The Charity Commission directs that these accounts give a true and fair view of the financial position of the funds held on trust. In preparing those accounts, the Trustee is required to:

- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities;
- Apply on a consistent basis suitable accounting policies;
- Make judgements and estimates which are reasonable and prudent;

And

- State where the financial statements comply with the trust deed and whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts.

The Trustee confirms that it has met the responsibilities set out above and complied with the requirements for preparing the accounts on a going concern basis. The financial statements set out on pages 49 to 51 attached have been compiled from and are in accordance with, the financial records maintained by the Trustees.

By order of the Trustee:

Chair..... Dated:.....

Trustee..... Dated:.....

Independent auditor’s report to the Corporate Trustee of York and Scarborough
Hospitals Charity

TBC – LEAVE 3 PAGES BLANK FOR THIS 1/3

Independent auditor’s report to the Corporate Trustee of York and Scarborough
Hospitals Charity

TBC – LEAVE 3 PAGES BLANK FOR THIS 2/3

Independent auditor’s report to the Corporate Trustee of York and Scarborough
Hospitals Charity

TBC – LEAVE 3 PAGES BLANK FOR THIS 3/3

Statement of Financial Activities for the year ended 31 March 2023

	Note	Unrestricted Funds £000s	Restricted Funds £000s	Endowment Funds £000s	Total at 31 March 2023 £000s	Unrestricted Funds £000s	Restricted Funds £000s	Endowment Funds £000s	Total at 31 March 2022 £000s
Income and Endowments from									
Donations and Legacies	2	749	252	-	1,001	448	619	-	1,067
Other Trading Activities		18	29	-	47	41	3	-	44
Investments		123	12	42	177	112	9	31	152
Total Income		890	293	42	1,225	601	631	31	1,263
Expenditure on									
Raising Funds	4	(248)	(76)	(77)	(401)	(265)	(23)	(64)	(352)
Charitable Activities	3	(998)	(684)	-	(1,682)	(828)	(708)	-	(1,536)
Total Expenditure	4	(1,246)	(760)	(77)	(2,083)	(1,093)	(731)	(64)	(1,888)
Net gains/(losses) on investments	14.1-14.3	(339)	(33)	(116)	(488)	(219)	70	261	112
Net income/(expenditure)		(695)	(500)	(151)	(1,346)	(711)	(30)	228	(513)
Transfers between Funds		(50)	50	-	-	16	(16)	-	-
Net movement in funds		(745)	(450)	(151)	(1,346)	(695)	(46)	228	(513)
Reconciliation of funds									
Total funds brought forward	14.1-14.3	4,591	960	1,458	7,009	5,286	1,006	1,230	7,522
Total funds carried forward		3,846	510	1,307	5,663	4,591	960	1,458	7,009

Statement of Financial Position as at 31 March 2023

	Note	Unrestricted Funds	Restricted Funds	Endowment Funds	Total at 31 March 2023	Unrestricted Funds	Restricted Funds	Endowment Funds	Total at 31 March 2022
		£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s
Fixed Assets									
Investments	7	4,127	678	1,307	6,112	4,299	1,731	1,458	7,488
Total Fixed Assets		4,127	678	1,307	6,112	4,299	1,731	1,458	7,488
Current Assets									
Debtors	8	208	35	-	243	19	87	-	106
Short term investments and deposits	13	305	12	-	317	304	12	-	316
Cash at bank and in hand	13	68	4	-	72	18	1	-	19
Total Current Assets		581	51	-	632	341	100	-	441
Current Liabilities									
Creditors	9	(862)	(219)	-	(1,081)	(49)	(871)	-	(920)
Net Current Assets/(Liabilities)		(281)	(168)	-	(449)	292	(771)	-	(479)
Total Net Assets		3,846	510	1,307	5,663	4,591	960	1,458	7,009
Funds of the Charity									
Endowment Funds	14.1	-	-	1,307	1,307	-	-	1,458	1,458
Restricted income funds	14.2	-	510	-	510	-	960	-	960
Unrestricted income funds	14.3	3,846	-	-	3,846	4,591	-	-	4,591
Total Funds of the Charity		3,846	510	1,307	5,663	4,591	960	1,458	7,009

Statement of Cashflows for the year ended 31 March 2023

	Note	Total at 31 March 2023 £000s	Total at 31 March 2022 £000s
Cashflows from OPERATING Activities			
<i>Net cash provided by (used in) operating activities</i>	11	(161)	(536)
Cashflows from INVESTING activities:			
Dividends, interest and rents from investments	12	177	152
Proceeds from sale of investments	7.1	820	584
Purchase of investments	7.1	(782)	(544)
<i>Net cash provided by investing activities</i>		215	192
<i>Change in cash and cash equivalents in the reporting period</i>		54	(344)
<i>Cash and cash equivalents at the beginning of the reporting period</i>	13	335	679
<i>Cash and cash equivalents at the end of the reporting period</i>	13	389	335

Notes to the Accounts

1 Accounting Policies

1.1 Accounting Convention / Basis of Preparation

The financial statements have been prepared under the historical cost convention, as modified for the revaluation of certain investments, and in accordance with applicable accounting standards. The accounts have been prepared in accordance with the Charities SORP Financial Reporting Standard 102 (FRS 102) issued in October 2019, the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1st January 2019.

The funds held on trust accounts are prepared in accordance with the accruals concept. With an overall funds balance of £5.7m and expenditure for 2022/23 of £2.1m (and not expected to increase significantly over the next 2 years), then the charity is considered to be a going concern.

The trustee considers that there are no material uncertainties about York and Scarborough Hospitals Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

1.2 Income

All income including donations, activities for generating funds and investment income are included in full in the Statement of Financial Activities as soon as the following three factors are met:

- i) Entitlement – arises when a particular resource is receivable or the Charity's right becomes legally enforceable;
- ii) Receipt – when it is probable that the income will be received;
- iii) Measurement – when the monetary value of the income resources can be measured with sufficient reliability.

Gifts in kind

Gifts in kind, such as food and care packages, are not accounted for when they are accepted and immediately distributed, unless a single donation is material.

Gifts of tangible assets are recognised as a donation at fair value (market price) on receipt and charitable expenditure when they are distributed.

Where gifts in kind are held before being distributed to beneficiaries, they are recognised at fair value as stock until they are distributed.

Notes to the Accounts

Legacies

Legacies are accounted for as income once the receipt of the legacy becomes probable. Receipt is probable when;

- i) Confirmation has been received from the representatives of the estate(s) that probate has been granted;
- ii) The executors have established that there are sufficient assets in the estate to fulfil payment of the legacy;
- iii) All conditions attached to the legacy have been fulfilled or are within the Charity's control.

Where the exact monetary value is not known, an assessment will be made based on known facts and potential liabilities and disbursements due from the estate, to provide a reasonable estimation of the amount due to the charity.

Notes to the Accounts

1.3 Expenditure

All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party. Expenditure is apportioned on a direct cost basis across restricted, unrestricted and endowment funds and irrecoverable VAT is included in the expense to which it relates.

Cost of generating funds

The cost of generating funds are the costs associated with generating income for the funds held on trust. This will include the costs associated with investment managers' fees.

Grants payable

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the funds held on Trust's charitable objectives, primarily to relieve those who are sick. They are accounted for where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant when a constructive obligation is created.

Governance costs

These cover legal and audit fees.

Support costs

These are recharges of appropriate proportions of staff services costs from York Teaching Hospital NHS Foundation Trust. See Note 6.

1.4 Fixed Assets

Fixed assets bought via the Charity are gifted to the Trust and accounted for in the Trust's accounting records. Tangible and intangible assets which are capable of being used for more than one year and have a cost equal to or greater than £5,000 are capitalised.

1.5 Cash and Cash Equivalent

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short terms, highly liquid investments, held in interest bearing savings accounts.

1.6 Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

1.7 Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

Notes to the Accounts

1.8 Financial Instruments

The Charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. With the exception of the fixed asset investments, basic financial instruments are initially recognised at transaction value and subsequently measured at the present value of the future cash flows unless the effect of discounting would be immaterial.

Financial assets comprise cash at bank, cash in hand and debtors. Financial liabilities comprise creditors.

Fixed asset investments, including bonds and cash held as part of the investment portfolio, are reported at fair value at the balance sheet date, with gains and losses being recognised within statement of financial activities

1.9 Structure of funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund.

Funds where the capital is held to generate income for charitable purposes and cannot be spent are accounted for as endowment funds.

Other funds are classified as unrestricted funds.

Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes are designated funds.

The major funds held within these categories are disclosed on notes 14.1 to 14.3.

1.10 Investment in Fixed Assets

Investments in fixed assets are shown at market value as at the balance sheet date.

The Statement of Financial Activities includes the net gains and losses arising on any revaluation and disposals throughout the year.

- i) Quoted stocks and shares are included in the Statement of Financial Position at current market value quoted by the investment analyst excluding dividend.
- ii) Other investment fixed assets are included at market value as per the Charity's investment manager's valuation report.

1.11 Realised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between opening market value (or purchase value if later) and sales proceeds.

Unrealised gains and losses are calculated as the difference between opening market value (or purchase value if later) and closing market value at the year end.

Notes to the Accounts

2 Analysis of Income from Donations and Legacies

	Unrestricted Funds £000s	Restricted Funds £000s	Endowment Funds £000s	Total 2023 £000s	Total 2022 £000s
Donations	279	86	-	365	848
Legacies	444	75	-	519	74
Grants – League of Friends	-	85	-	85	97
Gift in Kind Donations	26	6	-	32	48
Total	749	252	-	1,001	1,067

Donation of gift in kind goods totalling £32k are included in income at their market value (2022: £48k). All of these donations have been distributed during the year with expenditure recognised in note 3.

3 Analysis of Charitable Expenditure

	Unrestricted Funds £000s	Restricted Funds £000s	Endowment Funds £000s	Total 2023 £000s	Total 2022 £000s
Patients welfare and amenities	297	207	-	504	291
Staff welfare and amenities	201	9	-	210	206
Building and refurbishment	236	395	-	631	624
Purchase of equipment	264	73	-	337	415
Total	998	684	-	1,682	1,536

£32k of donated gift in kind goods are recognised in note 3; £28k in Patients welfare and amenities and £4k in Staff welfare and amenities. (2022: £48k was recognised; £19k in Patients welfare and amenities and £29k in Staff welfare and amenities.)

4 Analysis of Total Expenditure

	Costs of Activities for Charitable Objectives £000s	Support Costs £000s	Cost of Generating Funds £000s	Cost of Governance £000s	Total 2023 £000s	Total 2022 £000s
Audit fee	-	-	-	7	7	7
Support services from NHS	-	90	-	-	90	86
Charitable expenditure	1,682	-	-	-	1,682	1,536
Fundraising	-	-	267	-	267	219
Investment management fees	-	-	37	-	37	40
Total	1,682	90	304	7	2,083	1,888

The Charity had no employees in the period (2022: nil)

Notes to the Accounts

5 Auditor's Remuneration

The Auditor's remuneration of £7,203 inclusive of VAT (£7,203 in 2021/22) relates solely to the audit with no other additional work being undertaken (2021/22: no additional work undertaken).

6 Analysis of Staff Costs

No members of staff are employed directly by the Charity. Salary costs in respect of fundraising, financial management and administration are recharged by York and Scarborough Teaching Hospitals NHS Foundation Trust.

The recharge is based on time spent on work related to the charity.

	Total 2023 £000s	Total 2022 £000s
Salaries and Wages	214	200
Social Security costs	21	15
Employers Pension contribution	33	26
Total	268	241

7 Analysis of Fixed Asset Investments

7.1 Fixed Asset Investments

	Total 2023 £000s	Total 2022 £000s
Market value brought forward	7,488	6,916
Add: Acquisitions at cost	782	544
Less: Disposals at carrying value	(820)	(584)
Add: Net gain / (loss) on revaluation	(488)	112
Transfers (to) / from cash	(850)	500
Market Value at 31 March	6,112	7,488
Historic cost at 31 March	5,584	6,096

Notes to the Accounts

7.2 Investment Portfolio Summary

	Market Value 2023 £000s	Market Value 2022 £000s
UK Bonds	501	401
Overseas Bonds	450	621
UK Equities	1,166	1,682
North American Equities	1,824	1,965
European Equities	373	525
Japanese Equities	218	287
Asia Pacific Equities	353	567
Emerging Market Equities	109	156
Global Investments	133	137
Absolute Return	653	757
Private Equity	144	183
Other Investments	140	160
Cash – deposit	48	47
Total	6,112	7,488

No investments are held which each represent more than 5% of the value of the investment portfolio (2022: Nil).

8 Analysis of Debtors

	Total 2023 £000s	Total 2022 £000s
Amounts falling due within one year:		
Accrued income	243	106
Total	243	106

9 Analysis of Creditors

	Total 2023 £000s	Total 2022 £000s
Amounts falling due within one year:		
Accruals	430	526
Commitments	651	394
Total	1,081	920

Notes to the Accounts

10 Financial Instruments

	Total 2023 £000s	Total 2022 £000s
Financial assets measured at fair value through profit or loss:		
Investments	6,112	7,488

11 Reconciliation of net income / (expenditure) to net cash flow from operating activities

	Unrestricted Funds £000s	Restricted Funds £000s	Endowment Funds £000s	Total 2023 £000s	Total 2022 £000s
Net movement in funds for the reporting period (as per the SoFA)	(745)	(450)	(151)	(1,346)	(513)
Adjustments for:					
Dividends, interest and rents from investments	(123)	(12)	(42)	(177)	(152)
(Increase) / decrease in debtors	(189)	52	-	(137)	40
Increase / (decrease) in creditors	813	(652)	-	161	701
(Gains) / losses on investment	339	33	116	488	(112)
(Deposit) to / withdrawal from portfolio	850	-	-	850	(500)
Net cash provided by (used in) operating activities	945	(1,029)	(77)	(161)	(536)

During the year, £850k was withdrawn from the portfolio; £500k was deposited to the portfolio in the previous year.

12 Cash from dividends, interest and rents from investments

	Total 2023 £000s	Total 2022 £000s
Dividends	177	152
Total	177	152

13 Analysis of cash and cash equivalents

	Total 2023 £000s	Total 2022 £000s
Cash at bank & in hand	72	19
Notice deposits (less than 30 days)	317	316
Total	389	335

Notes to the Accounts

14 Analysis of Funds

14.1 Endowment Funds

	Balance 1 April 2022	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2023
Material Funds	£000s	£000s	£000s	£000s	£000s	£000s
Elsie May Sykes Legacy	1,385	40	(73)	-	(110)	1,242
Others (2)	73	2	(4)	-	(6)	65
Total	1,458	42	(77)	-	(116)	1,307

Note 14.1 discloses funds with a closing balance of £100k and above. The remaining funds are grouped within others, which consists of 2 funds below the £100k threshold.

Income generated from the Elsie May Sykes Legacy fund is used for the purchase of medical equipment or to further medical research.

14.2 Restricted Funds

	Balance 1 April 2022	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2023
Material Funds	£000s	£000s	£000s	£000s	£000s	£000s
Elsie May Sykes Legacy	168	5	(14)	-	(13)	146
John Moore / Stringer Legacy	144	4	(7)	-	(12)	129
Scarborough UECC Appeal	-	150	(55)	50	-	145
Other Restricted Funds (21)	648	134	(684)	-	(8)	90
Total	960	293	(760)	50	(33)	510

Note 14.2 discloses funds with a closing balance of £100k and above. The remaining funds are grouped within others, which consists of 21 funds below the £100k threshold.

During the year, the Charity Governance Committee approved a £50k transfer from Scarborough Unallocated fund to the Scarborough UECC Appeal.

Name of Fund

Elsie May Sykes Legacy
John Moore / Stringer Legacy
Scarborough UECC Appeal

Purpose

Medical Equipment / Medical Research
Oncology Services
Appeal to support the Scarborough UECC capital project

Notes to the Accounts

14.3 Unrestricted Funds

	Balance 1 April 2022	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2023
Material Funds	£000s	£000s	£000s	£000s	£000s	£000s
Coronary Care Unit	467	19	(61)	-	(37)	388
Scarborough Children's Target Fund	363	-	-	-	-	363
Haematology	322	14	(34)	-	(25)	277
Oncology	95	28	(8)	-	(9)	106
Other Unrestricted Funds (132)	2,324	437	(638)	-	(185)	1,938
Total	3,571	498	(741)	-	(256)	3,072
York Unallocated	363	177	(257)	-	(29)	254
Selby Unallocated	289	5	(44)	-	(23)	227
Scarborough Unallocated	223	139	(101)	(50)	(18)	193
Other Unallocated Funds (2)	145	71	(103)	-	(13)	100
Total	1,020	392	(505)	(50)	(83)	774
Overall Unrestricted Funds Total	4,591	890	(1,246)	(50)	(339)	3,846

Note 14.3 discloses funds with a closing balance of £100k and above. The remaining funds are grouped within other unrestricted funds, which consists of 132 funds; and other unallocated funds, which consists of 2 funds below the £100k threshold.

During the year, the Charity Governance Committee approved a £50k transfer from Scarborough Unallocated fund to the Scarborough UECC Appeal.

Name of Fund	Purpose
Coronary Care Unit	Designated – Coronary Care
Scarborough Children's Target Fund	Designated – Children's Services
Haematology	Designated – Haematology
Oncology	Designated – Oncology Services
York Unallocated	General Charitable Purpose
Selby Unallocated	General Charitable Purpose
Scarborough Unallocated	General Charitable Purpose

Notes to the Accounts

15 Related Party Transactions

The Trustee of the Charity is the Board of Directors of York and Scarborough Teaching Hospitals NHS Foundation Trust which is the main beneficiary of the Charity.

The following transactions were undertaken between the two organisations during the year:

The Charity funded charitable expenditure incurred by the Trustee of £2.1m during 2022/23 (£1.9m during 2021/22).

The Charity owed the Trustee £1,081k at 31 March 2023 (£920k at 31 March 2022).

The Trustee owed the Charity Nil at 31 March 2023 (Nil at 31 March 2022).

The Trustee charged the Charity £401k for fundraising, governance and support costs (£352k for 2021/22).

The Trustee received no remuneration or expenses for their services in the year.

Declarations of interests, completed on an annual basis by Executive and Non-Executive Directors, have been reviewed to identify any related party relationships requiring disclosure within this note.

The Charity has related party transactions with Friends of St Monica's Hospital through connections with the Non-Executive Directors of the Corporate Trustee and their associated interests.

The Charity received £2k of income from Friends of St Monica's Hospital during the year (£3k in 2021/22).

16 Control

The objectives of the Charity as set out in the governing documents are discharged by the Corporate Trustee.

The Corporate Trustee is York and Scarborough Teaching Hospitals NHS Foundation Trust's Board of Directors who carry out these duties independently from their obligations as Foundation Trust Board members.

Notes to the Accounts

17 Analysis of Capital Commitments

	Total 2023 £000s	Total 2022 £000s
Rainbow Ward - Scarborough	163	-
Breast Care & Oncology Waiting Rooms	40	40
Butterfly Appeal York	-	297
Breast Screening Relocation York	-	73
Ablution Facility Scarborough	-	68
Refurbishment of Parents Room	-	19
Total	203	497



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Registered Charity No. 1054527



Making a positive
difference to **York
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